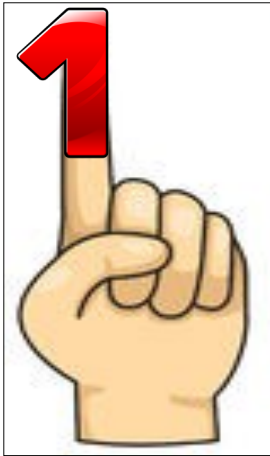


THE 10 COMMANDMENTS

LEARNING AND MEMORIZING ACTIVITY



Hold up 1 finger

The first commandment is to put God first.

Nothing or no one is more important than God



Hold up 2 fingers

The two fingers look like the letter V.

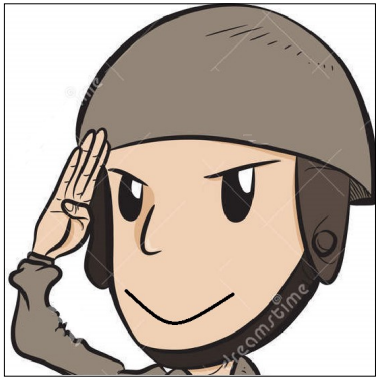
The second commandment is you should not take God's name in vain. This means do not say God's name for no reason, to make a promise or to curse. We should respect God's name.



Hold up 3 fingers

It looks like the letter W, If you turn upside down it looks like the letter M

The third commandment is to keep the lord's day holy, worship Him, go to Mass



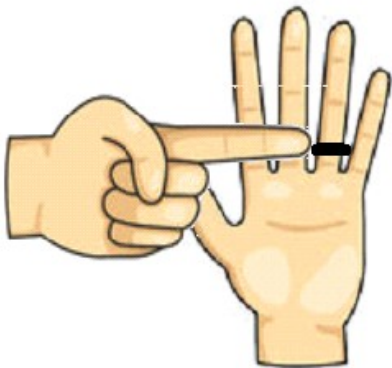
Hold out 4 fingers and salute

The 4th commandment is to honor your mother and father, that means to listen to them, be obedient, and be a helper.



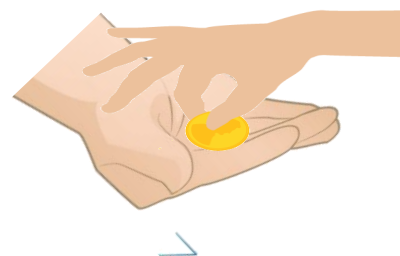
Now make a fist, that's all 5 fingers

The 5th commandment is you should not kill, and you should take care of your body, eat well, don't use drugs etc.



Point to your ring finger, that's 6 fingers

The 6th commandment is you should not commit adultery, that means respecting the holiness of marriage, respecting our dignity and the dignity of others



Take 2 fingers as if you have something in them, and put that something in your hand.

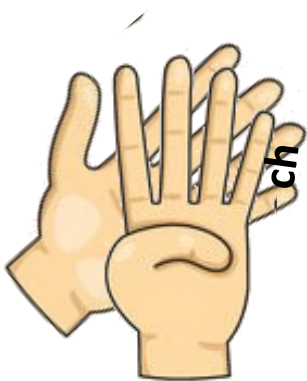
That's 7 fingers.

The 7th commandment is you should not steal.



Hold out both hands, thumbs in, next to your mouth. That's 8 fingers.

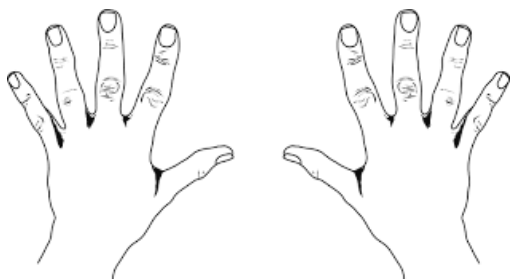
The 8th commandment is you should not tell lies or gossip.



Put out 4 fingers ,thumb in, and grab them with your other hand.

That's 9 fingers.

The 9th commandment is do not be jealous of someone else's spouse, friendship, or other relationships they have.



Put out both hands as if you were going to grab something.

That's 10 fingers.

The 10th commandment says you should not steal, meaning you should not take anything that does not belong to you.