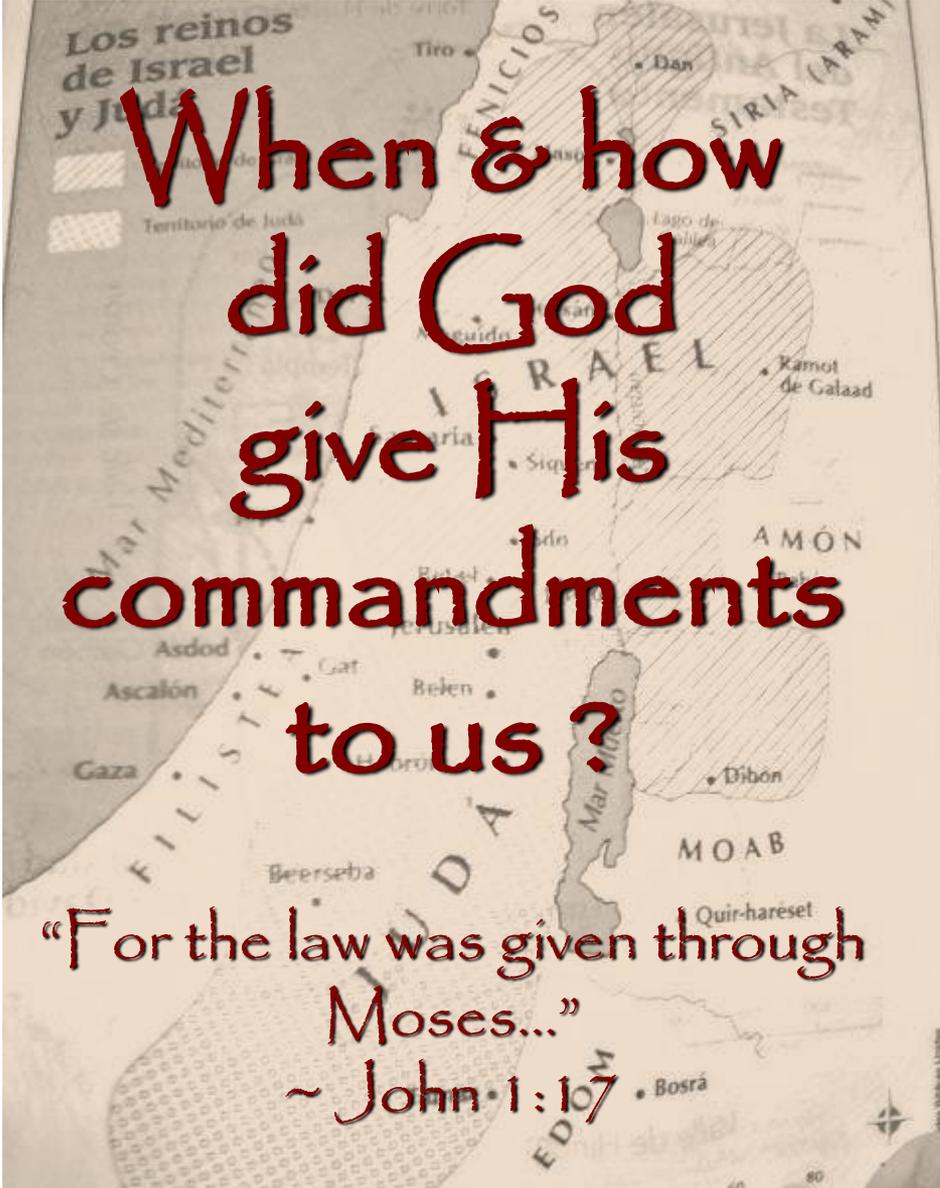


The 10 Commandments

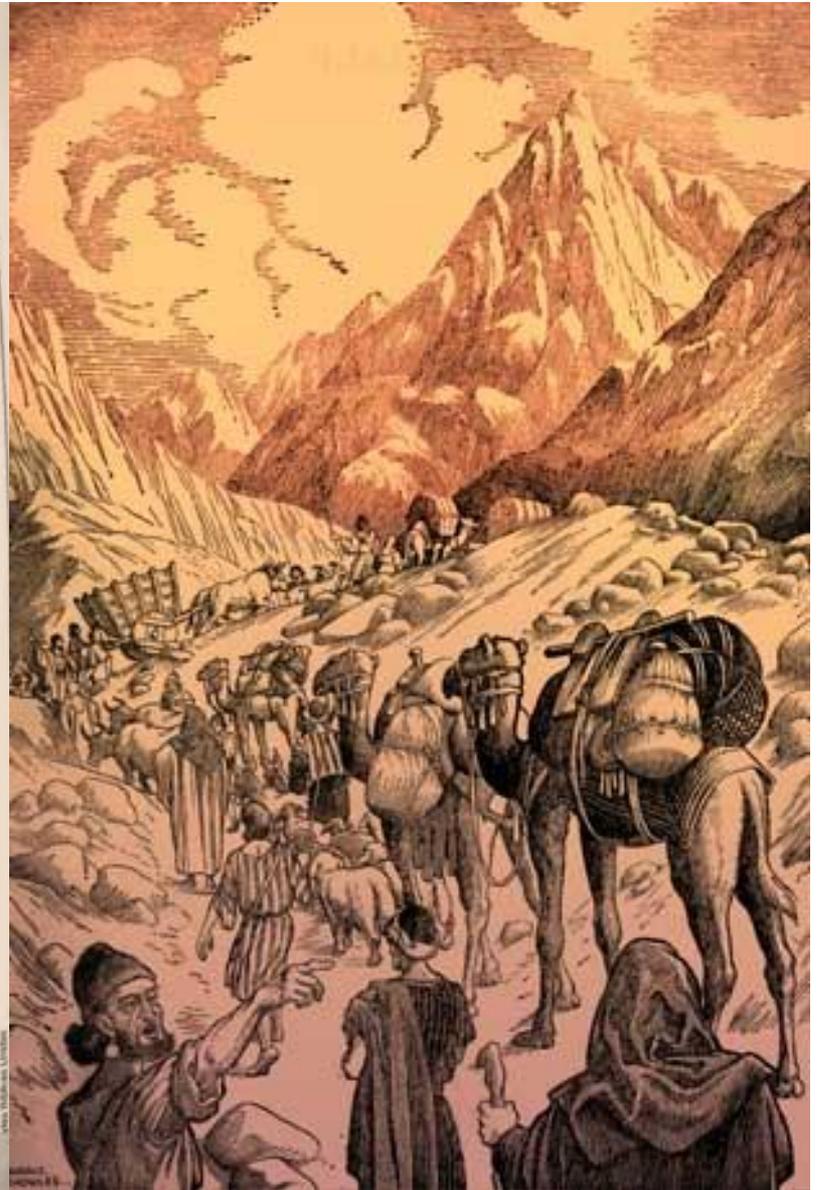
Basic Laws for Loving God & Neighbor



A historical map of the region of Israel and Judah, showing various kingdoms and territories. The map includes labels for 'Los reinos de Israel y Juda', 'FENICIOS', 'SIRIA (ARAMI)', 'ISRAEL', 'AMON', 'MOAB', 'EDOM', 'FILISTEA', 'JUDA', 'Mar Mediterraneo', 'Mar Muerto', and 'Gaza'. It also shows several cities like Tiro, Dan, Ramot de Galaad, Siquem, Beien, Dibon, and Bosra. The map is overlaid with large red text.

When & how did God give His commandments to us ?

“For the law was given through
Moses...”
~ John 1:17



God gave us the Ten Commandments

**He gave the commandments to Moses
to give to the Israelites
so they would know how to be in
relationship with Him.**

**They help us know how to love God
and one another.**

WHAT ARE THEY ALL ABOUT?

The Commandments are all about **LOVE**

“You shall love the LORD your God with all your heart, all your soul, and all your strength.”

(Deut. 6:5; Matt. 22:37)

“You shall love your neighbor as yourself.”

(Lev. 19:18; Matt. 22:39)

**Jesus says, “On these two commandments
depend all the law and the prophets.”**

(Matt. 22:40)

BREAKING GOD'S LAW = SIN

Sin is disobedience to God's laws (commandments)

Mortal sin

- serious in nature
- Know that the sin is serious
- Freely choose to do it anyway

Example:

Skipping Mass on Sunday because you would rather do something else.

BREAKING GOD'S LAW = SIN

Sin is disobedience to God's laws (commandments)

Venial sin

- Not serious in nature
- Done on purpose or without thinking

Example: using the Lord's name in vain but without thinking because you stepped on a nail.

FIRST COMMANDMENT

I am the LORD your God.

You shall have no other gods besides Me.

- Worship the one true God – the Blessed Trinity (Father, Son, & Holy Spirit)
- Love God above all things & put Him first

SECOND COMMANDMENT

You shall not take the Name of the LORD your God in vain.

- Say God's Name (including the Name of His Son, Jesus Christ) with reverence and love
- Talk about God, the Saints, the Church, and other holy things with respect

THIRD COMMANDMENT

Remember to keep holy the LORD's Day.

- Attend Mass on Sundays & holy days of obligation (Jan. 1st, Aug. 15th, Nov. 1st, Dec. 8th, Dec. 25th)
- Focus on God & family rather than on work or other distractions (e.g. sports, shopping)

FOURTH COMMANDMENT

Honor your father and your mother.

- Respect and obey our parents, teachers, clergy, & other people in lawful authority
- Treat elderly people with kindness & respect

FIFTH COMMANDMENT

You shall not kill.

- ✓ Take care of ourselves (life & health) and others
- ✓ Keep ourselves and others out of danger if possible
(there are exceptions in cases of necessity, e.g. police, firefighters, soldiers)

SIXTH & NINTH COMMANDMENTS

You shall not commit adultery.

You shall not covet your neighbor's wife.

- Respecting the holiness of Marriage (being faithful to husband/wife in thought, word, & behavior)
- Respecting our dignity (value) and the dignity of others

SEVENTH COMMANDMENT

You shall not steal.

- Respect the property of other people
- Make good use of the time, talents, & possessions God has given us

EIGHTH COMMANDMENT

You shall not bear false witness against your neighbor.

- Always telling the truth and never telling lies
- Respecting the reputation (good name) of others
- Do not gossip

TENTH COMMANDMENT

You shall not covet your neighbor's goods (possessions).

- Be thankful to God and satisfied with the things He provides for us
- Be glad to see others receive good things from God

WHAT HAPPENS WHEN WE FAIL?

God knows we are not perfect...

“... so He gave us the Sacrament of Confession

We just need to be humble and truly sorry

AFTER YOUR FIRST CONFESSION..

When is the next time you can go to confession?

When is the next time you should go to confession?